



Republic of the Philippines
Department of Education
NEGROS ISLAND REGION
DIVISION OF ESCALANTE CITY

RELEASED
OCT. 23, 2026

October 23, 2026

DIVISION MEMORANDUM
NO. _____479_____, s. 2026

**TRAINING-ORIENTATION ON MENTAL HEALTH AND RESILIENCE
IN TIMES OF DISASTERS**

To: OIC-Assistant Schools Division Superintendent
Division Chiefs
Education Program Supervisors
Secondary Public and Private School Heads
School Counselor Associates
All others concerned

1. In line with the Department of Education's commitment to promoting mental health and well-being in basic education, the Schools Division Office of Escalante City shall conduct the **Training-Orientation on Mental Health and Resilience in Times of Disasters** on **October 26-27, 2026, 8:00 a.m. at Gabriela Hall, Escalante City.**
2. The activity aims to strengthen the capacity of School Counselor Associates (SCAs) to promote mental health, provide appropriate initial psychosocial support, and enhance resilience among learners and school personnel before, during, and after disasters. It shall also provide an avenue to clarify the roles and responsibilities of SCAs in implementing school-based mental health and well-being programs, consistent with applicable DepEd policies and **Republic Act No. 12080**, otherwise known as *the Basic Education Mental Health and Well-Being Promotion Act*.
3. Specifically, this activity aims to:
 - a. Strengthen their capacity to promote mental health, provide appropriate psychosocial support, and enhance resilience in times of disaster;
 - b. Explain the salient provisions of Republic Act No. 12080 and their implications for implementing mental health and well-being programs in basic education;
 - c. Clarify the roles, duties, and responsibilities of School Counselor Associates in promoting mental health, providing initial support, and facilitating appropriate referrals;
 - d. Demonstrate familiarity with school-based mental health procedures, including early identification, psychosocial support, referral pathways, documentation, and coordination with relevant stakeholders; and
 - e. Develop action plan on mental health and well-being programs in their respective schools, in accordance with applicable DepEd policies and guidelines.
4. Attached is the Activity Matrix (**See Enclosure No. 1**) for your reference.
5. Participants of the training are the members of the ExeCom, School Counselor Associates (SCAs), PDO II- DRRM, EPS-AP/Division Guidance Focal, EPS II- M and E, SHN personnel, FYD Focal, Division HR Officer, Division Legal Officer and SEPS HRD. SCAs are requested to bring a laptop, extension cord, internet modem for the workshop.
6. It is understood that in the conduct of this activity, there shall be no discrimination on account of age, school, gender, civil status, disability, religion or other similar factors/ personal circumstances that run counter to the principles of equal opportunity.



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7. Travel, food and incidental expenses of authorized participants shall be charged against the appropriate DRRM Program Support Fund/ Division/School MOOE and/or available local funds subject to applicable accounting and auditing rules and regulations.
8. Immediate dissemination of this Memorandum is earnestly desired.


PETER J. GALIMBA

Assistant Schools Division Superintendent
Officer-in-Charge
Office of the Schools Division Superintendent

Enclosure : As stated.
Reference : None.
Allotment : 1-2-3-6-7-8
To be indicated in the Perpetual Index of the following subjects:
TRAINING PROGRAM AND ACTIVITIES
MJMTAN/ CASTRO/ 10/23/2026



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Enclosure No. 1 to DepEd Memorandum No. _____, s. 2026

ACTIVITY MATRIX FOR TRAINING-ORIENTATION ON MENTAL HEALTH AND
RESILIENCE IN TIMES OF DISASTERS

Time	Activity	Resource Person/s
Day 1- October 26, 2026		
8:00 – 8:50	Opening Program	Project Management Team
8:50 – 9:00	Health Break	
9:00 – 10:30	Overview of RA 12080 and other relevant laws and DepEd policies	Peter J. Galimba OIC - SDS
10:30 - 12:00	Overview of Mental Health and Guidance and Counseling Services	Mae Joy M. Tan EPS -AP/Division Guidance and Counseling Focal
	Lunch	
1:00 – 2:30	Roles and Responsibilities of Care Center Personnel: SCA, SC, and GD; Care Center functions and boundaries of practice	Peter Julius Pellotas Div. HR Officer
2:30 – 4:00	Anti-Bullying Act (RA 10627), Child protection policies Safe Spaces Act (RA 11313)and applicable reporting requirements	JAD A. Ricafort Division FYD Focal Atty. Finserglen Choclit P. Lopez Division Legal Officer
4:00 – 5:00	Reminders and End of Day Evaluation	
Day 2- October 27, 2026		
8:00 – 8:30	MOL	Project Management Team
8:30 – 10:00	Learners' Wellness and Well-Being	Nerrielaine Faith Z. Pabuaya Division Mental Health and Wellness Focal
10:00 – 11:00	School-Based Mental Health Support, Referral Pathways and psychosocial support.	Mae Joy M. Tan EPS -AP/Division Guidance and Counseling Focal
11:00 – 12:00	Testing Administration and Management	Jessah Jay B. Catanglan EPS II – M&E
	Lunch	
1:00 – 2:00	Safe Schools	Gil C. Castro PDO II - DRRM
2:00 – 4:00	Writeshop on the School Guidance and Counseling Services Implementation Plan	Mae Joy M. Tan EPS -AP/Division Guidance and Counseling Focal
4:00 – 5:00	SYNTHESIS AND CLOSING PROGRAM	



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